

Dietary Restriction Accommodations

Group Mission Trips does their best to accommodate all participants' needs and we take dietary restrictions and allergies very seriously.

CAN ACCOMMODATE	
<i>Participants with the following dietary restrictions or preferences can be accommodated.</i>	
peanut allergy (not airborne)	<< Note: Our kitchens are not gluten-free, nut-free, nor dairy-free
nut allergy (not airborne)	
egg allergy	<< Peanut butter is an option on our menu
seed allergy	
soy allergy	
CAN PARTIALLY ACCOMMODATE	
<i>Participants with the following dietary restrictions need to supplement with some of their own food.</i>	
gluten allergy	<< Let us know and we can have a few gluten-free items available
2 or more allergies	
lactose intolerance	<< Combinations of different allergies and preferences are often hard to accommodate
vegetarian diet	
vegan diet	<< We offer a full salad bar, but you may need to bring some protein options
picky eaters	
CANNOT ACCOMMODATE	
<i>Participants with the following dietary restrictions need to bring their own food and attend at their own risk.</i>	
Celiac disease	<< We cannot guarantee that our lodging facility nor the sites that we work at will be nut-free.
Airborne nut allergy	
Any reaction so severe that trace contaminants would cause reaction	

Group Mission Trips cannot discount participant fees based on individual dietary restrictions if supplemental or alternate food is required.