

Sweetwater Student Ministries

Mission Trip Packet 2022

(June 12-18, Winston-Salem NC)

MISSION TRIP CODE OF CONDUCT

- 1) You are on a CHURCH TRIP. Be clean, polite and respectful of others at all times. Do not violate the personal space of others.**
- 2) Be inclusive! Try to make sure everyone in your room and in your general vicinity is included in conversations and activities.**
- 3) You are NOT allowed to enter any sleeping room except YOUR OWN**
- 4) BE ON TIME for everything. Tardiness will not be tolerated from anyone. On time is late.**
- 5) DO NOT use your phone during mission work & group gatherings.**
- 6) Stay in your assigned teams at all times. Do not wander off alone or in pairs.**
- 7) Do not leave your sleeping quarters after LIGHTS OUT unless there is an emergency.**
- 8) No fireworks, firearms, immoral print/digital media are allowed. These items will be confiscated if you bring them. Simply don't bring anything that might tempt you into committing a sin.**
- 9) Pack MODEST clothing—nothing revealing for girls or guys.**
- 10) “LIGHTS OUT” means LIGHTS OUT. Do not chat, message, text, or talk to people on your devices after lights out. You need rest so you can give God your best the next day.**
- 11) DO NOT give out lodging information or personal information to ANYONE you meet on the trip.**
- 12) No guests/visits from anyone who is not on the trip is permitted. Even well-meaning visits are disruptive in a number of ways on mission trips.**
- 13) Trip vehicles will not be used for personal errands of any kind. If you need something from the store, get it on a group stop at the store. Personal vehicles will not be permitted.**
- 14) Clean up after yourself at all times. Your trash/mess is your responsibility.**

COOPERATION IS KEY!

HELP MAKE THE TRIP GO SMOOTHLY DURING TRAVEL BY...

- ...having your food money on your person traveling to and from Winston-Salem.
- bringing additional money outside of your meal/snack money for souvenirs.
- ... saving enough money for two meals on the way home (\$20).
- ...buying smaller drinks and refreshment in order to not fill your bladder up too quickly.
- ...going to the restroom when we stop for meals (onboard restroom is for #1 and emergencies).

HELP MAKE THE TRIP GO SMOOTHLY IN OUR LODGING BY...

- ... knowing any valuables (jewelry/electronics/etc) are brought AT YOUR OWN RISK.
- ... keeping your money secure and out of sight.
- ... not touching the personal possessions of other people.
- ... not chatting, texting, or talking to people on your devices after lights out. Rest!
- ... keeping your clothes/personal items neat and around your suitcase & air mattress.
- ... being quiet and non-disruptive to others who may go to bed early

HELP MAKE THE TRIP GO SMOOTHLY DURING GROUP GATHERINGS BY...

- ...making a strong effort to focus on God
- ...listening for God's message to you.
- ...making an effort to listen and respond during group discussions.
- ...being on time!

HELP MAKE THE TRIP GO SMOOTHLY DURING ADVENTURE/FREE TIME BY...

- ... being ready to experience adventure, tourist locations, and random fun
- ...taking lots of pictures so we can make a trip memory video
- ...respecting the locations we visit—and the other people visiting them.
- ...remembering that you are a witness for Jesus at all times.

HELP MAKE THE TRIP GO SMOOTHLY FOR PASTOR ERIC BY...

- ...being at least 5 minutes early for everything.
- ...not talking to any other person while I am talking.
- ...listening to instructions so I don't have to repeat myself incessantly.
- ...not being disruptive on the bus.
- ...trusting my extensive logistics experience and passion for leading church trips.
- ...trusting that every detail of the trip has been planned long in advance.
- ...following all behavior expectations.
- ...respecting all of the adults and students on the trip.
- ...praying for me and the other adults on the trip as we pray for you.

PACKING LIST

LUGGAGE (SPACE IS LIMITED!):

- ___ 1 full-sized suitcase* or duffel bag**
- ___ 1 backpack to keep with you at your bus seat
- ___ 1 sleeping bag
- ___ 1 pillow (you can keep it at your bus seat if you want)
- ___ 1 twin-sized air mattress (deflated & in a box/bag with your name on it)

TO PUT IN YOUR LUGGAGE & BACKPACK:

PERSONAL HYGIENE & SPIRITUAL CARE:

- ___ Bible (a paper Bible, Old and New Testaments), small notebook, pen
- ___ 2 Towels w/ washcloth or travel sponge
- ___ Deodorant (Please USE IT DAILY!)
- ___ Personal Hygiene Items (shampoo, soap, dental care items, etc.)

SHOES (3 pairs)

- ___ Closed-toe shoes you don't mind getting filthy/ruining for mission work
- ___ Flip flops/slides/Crocs for showering
- ___ Comfortable shoes to walk in for travel & adventure days

SWIM GEAR

- ___ Modest Swimsuit (no strings or Speedos) just in case we find water for a swim

PANTS

- ___ 1 pair of long pants you don't mind ruining on mission
- ___ 1 pair of shorts you don't mind ruining on mission
- ___ 6 pairs of shorts/leggings for travel/free time/after shower

SHIRTS

- ___ 2-4 t-shirts you don't mind ruining on mission Mon.-Thurs.
NO TANK TOPS/SPAGHETTI STRINGS/MUSCLE SHIRTS
- ___ 6 t-shirts to wear after showers & for travel/adventure

UNDERCLOTHING

- ___ 8-10 pairs of socks (feet sweat, then stink)
- ___ 7 or more sets of underclothing

PACKING LIST (CONTINUED)

TO PUT IN YOUR LUGGAGE & BACKPACK:

ELECTRONICS

- ☐ Phone charger if you are bringing a phone
- ☐ (Optional) Small surge protector to share electrical outlets
- ☐ Small (cheap) Flashlight/Headlamp

MISSION WORK MUST-HAVES

- ☐ Reusable water bottle
- ☐ Baseball cap or wide-brimmed cap for long days outside
- ☐ Small tube of sunscreen
- ☐ 1 pair of cheap work gloves
- ☐ poncho or light raincoat

TO KEEP IN A WALLET/PURSE/BACKPACK

- ☐ at least \$50 for 4 travel meals & snack stops
- ☐ any prescribed medication & other personal items

OPTIONAL ITEMS TO BRING:

- ☐ Extra cash for souvenirs & fun on our adventure day
- ☐ Sports balls, flying disc, card games

SIMPLY SHARING MY FAITH

by Pastor Eric

PART 1: My Personal Testimony

REMEMBER: AVOID “churchy” words like lost & saved. DEFINE words like sin, cross, and repent.

1. My life before I knew Jesus...

Talk about your attitudes, actions, searching, not being sure about your purpose on the planet.

2. How I realized my need for Jesus...

Where did you first read/hear about Jesus and the cross?

3. The moment I first believed in Jesus...

Where were you and what happened when you first truly understood and believed that Jesus was real, that He did what He did, and that He did it for everyone including you? Be sure to explain what He did—cross, tomb, and heaven.

4. How my life has changed since believing in Jesus...

How are your attitudes and actions different? Why do you repent (turn away from) and apologize to God for your sins? Why do you try to live by Jesus' example found in the Bible? Why do you ask Jesus for help with every decision you make?

PART 2: Leading Someone to Christ

WHAT DOES IT MEAN TO BELIEVE IN JESUS?

FIRST, **believe** in Jesus. (John 3: 16)

SECOND, **repent** from your sins. (Romans 3: 23)

FINALLY, **grow** your faith in Jesus. (Luke 9: 23)

A DEEPER LOOK INTO TRULY BELIEVING IN JESUS...

BELIEVE!

⁹that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. – ROMANS 10: 9-10

REPENT!

¹⁹Now repent of your sins and turn to God, so that your sins may be wiped away. – ACTS 3: 19

GROW!

⁶And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him. ⁷Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness. – COLOSSIANS 2: 6-7