



Newsletter, February, 2020

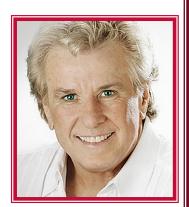


Monday February 3rd-Monthly Lunch Bunch <u>Covered Dish</u> 12:00 Noon-Fellowship Hall

Mark your calendars now to make your favorite covered dish and encourage a friend or neighbor to join you for Christian fellowship and entertainment.



Gary Buck - "From the Grand Ole Opry to The Grand Old Gospel"



Gary's website theme (above) in very few words tells the story of his transition from world-class singer who was recognized as one of Nashville's finest vocalists to his current life-work as a singing evangelist.

"For ten years Gary was a member of the Grand Ole Opry®. Gary has seen it all: Hit records, CMA and Music City Fan Awards, a solo country music career, many radio and television appearances, as well as Billboard Magazine Chart successes.

He has performed as a soloist, background vocalist, on stage, and in the studio with a who's-who of the music industry.

Bob Hope, Charley Pride, Dolly Parton, Roy Orbison and Jimmy Dean just to name a few.

(In his transition to gospel music,) he performed first nationally as tenor with Gospel Music Hall of Fame group JD Sumner & The Stamps Quartet, then with Opry members The Four Guys."

SAGES "FUN TIMERS"



February Feature: Game Day - Thursday, February 13th, 1:00 - 4:00 pm.

South Campus Fellowship Hall

Join us for card and board games and an afternoon of fellowship in a friendly, competitive environment.

If you have a favorite game, feel free to bring it. Games are available, and friendly folks will teach you a game you've never played.

Bring a snack to share and invite a friend or neighbor to join you!







SAGES "LEARN AND GROW"



Thursday, February 20, 2020, 2:00 p.m. A Building

Topic: Computer and Internet Terminology and Basics

Speaker: Kittie Johnson, owner of Winter Park TECH TUTORS

Our speaker specializes in working with seniors to help educate them and solve their computer related problems. She has created this workshop to answer the questions that she is most often asked related to technology and terminology, such as:



What is an App and How to Deal with Computer Application Updates

What is a Web Browser?

What is a Search Engine?

What are Wifi and Bluetooth?

What is "The Cloud?"

Making Secure Purchases On-line and Protecting Identity

Social Media Apps and How they Differ

"CARE AND SERVE"

Congregational Care for All Ages



Congregational Care - Friendly Visits and Direct Service Care

 \cdot

RECOMMENDED RESOURCES FOR SENIOR CARE INFORMATION

The following information is copied directly from the websites of two local organizations that can be of assistance to you in searching for resources when caring for a senior with special care needs.



ONE SENIOR PLACE

Address: 715 Douglas Ave, Altamonte Springs, FL 32714

Phone: (407) 949-6733

https://www.oneseniorplace.com

What is One Senior Place?

"One Senior Place is a one-stop resource office and shopping center for all types of senior products and services... One Senior Place provides information, counseling, referrals, educational events and direct access to independent senior-focused businesses– *all under one roof.* Check out their resource library, their on-line calendar of educational events or make an appointment for a consultation."

Senior Resource Alliance



WHAT IS THE SENIOR RESOURCE ALLIANCE?

Senior Resource Alliance (SRA) is your local resource for accessing the many services and programs of the state and federal government, available to senior citizens, their caregivers and family members. SRA also is an objective clearinghouse for information and services offered by local, state and national organizations.

Aging & Disability Resource Center (Managed by the Senior Resource Alliance)
The Aging and Disability Resource Center, or ADRC, managed by the Senior Resource Alliance,
provides information and access for older adults, their caregivers, and adults over age 18 with
mental health needs.

Types of Services Available Through the ADRC

Information and referral to service providers

Consumer counseling and decision- making support

Health insurance and Medicare prescription drug information

Caregiver support and counseling

Health and wellness programs

Driving assessments and mobility counseling

Access to home delivered and congregate meals

Information about homemaking, personal care, adult day care, home repair, and other services

Alzheimer's support services

You May Be Eligible for Federal or State Programs:

The ADRC representative will ask you a series of questions to determine if you qualify for government-funded programs. If it appears you are eligible, the representative will explain the program options and how long the process will take. If you do not qualify for any government programs, the ADRC representative will help you locate private organizations and businesses that might be able to meet your needs.

How to Reach Us

Contact us via our WEB SITE AT http://www.seniorresourcealliance.org/about/contact/ Call the Senior Resource Alliance at 407-514-1800 or the Elder Help Line at 1-800-963-5337

