



Newsletter, November & December 2018

MISSION STATEMENT

Through participation in SAGES, mature adults are stimulated and challenged to:

1. GROW daily in their wisdom and faith in relationship to their Creator as part of a caring and spiritually nourishing Christian Community.
2. EXPLORE and enhance their life experiences through educational enrichment and diverse fellowship opportunities related to their unique life stages.
3. Faithfully SERVE others through congregational care, community outreach, and intergenerational connectedness.

SAGES

Inspirational Verse

“Teach us to number our days, that we may gain a heart of wisdom.

May the favor of the Lord our God rest on us, establish the work of our hands for us, yes, establish the work of our hands.”

Psalm 90:12,17

Why the name SAGES? Senior Adults Growing, Exploring, and Serving. Well, to start we recognized that the acronym fully embraced the components that our Senior Adult Ministries planning committees had designated as priorities during their planning sessions.

But just as important to the selection was that the name SAGES in its own right holds special meanings pertinent to the mature adult life stage of believers. From the Latin “sapius,” sage means “man of profound wisdom.” Our inspirational scripture verse speaks of numbering “our days that we may gain a heart of wisdom.” Even secular life stage research embraces the idea that wisdom does tend to come with age, particularly with respect to decision making. How much more should we as Christians have grown and continue to grow in wisdom under the spiritual direction of the Holy Spirit and enrichment through the Word of God?

Additionally, let us not neglect the relevance of the meaning of sage as a garden herb also known as “Salvia Officinalis.” It is known as a wonderfully aromatic culinary herb that adds flavor and has also been historically utilized for medicinal purposes. Just as scripture references remind us to be salt in the world, hopefully this application reminds us to be SAGES in our world... adding flavor and healing through our fellowship and our service to others.

Thank you to all SAGES and others who are supporting our events and activities. I hope you are benefitting and growing. If you haven't yet participated in a SAGES' activity, you are missing out. I hope that you are becoming familiar with the various components, known as Lunch Bunch, Funtimers (Social Activities), Learn and Grow (Educational Events), and Care and Serve (Friendly Visits and Congregational Care). Stop by the SAGES spotlight table at the back wall of the foyer after worship to get information or to sign up for activities.

The spirit is moving in our congregation, and the Lord may be speaking to you about an area of ministry. If you have a suggestion for an activity or another component that you feel is integral to our SAGES ministry, we will welcome you to step up and serve as a leader for that endeavor. We know that we have not nearly reached the potential of what the Lord has in stored for us at FBS.

Since we are approaching the busy holiday season, we are opting to publish a November-December newsletter. The number of December SAGES activities will be reduced since so many extra activities abound during this special time of year.

Bill and Cathy Edwards, On Behalf of our SAGES committees.

Any suggestions for senior ministry or would like to help? Call Us! 407.493.5871 or 407.865.3730 or cathyaedwards@gmail.com



*Mark your calendars now for both November and December
Bring your favorite dish to share and encourage a friend or neighbor to join you!*

Christian fellowship and entertainment

Lunch Bunch - Covered Dish - Fellowship Hall South Campus - 12:00 Noon

For more information contact: Bill & Mabel Minshall, ph: 407.862.2985 or 407.621.1709, email: wminshall@juno.com

Monday, November 5

Timeless Hymns of Faith

Jasen Brown, FBS Worship Pastor and Marnee Benz, FBS pianist for 37 years, will present a program of timeless hymns of faith that you are sure to recognize and appreciate. As you enjoy their amazing talents through piano duets and piano/cello duets, you will also learn about the hymn writers and the inspiration and origination of these beloved hymns.



Jasen Brown



Marnee Benz

Monday, December 3

The Lovett Family & Bill Bradshaw Christmas Program

A local pastor for many years, Dr. Virgil Lovett and his wife, Dianne, have three sons who all perform together with them as a family. Chris sings bass and plays bass guitar. Todd sings lead and plays saxophone. Derek sings first tenor and plays drums. Dad sings baritone and plays the piano, and Mom sings alto and plays the organ. They record their own soundtracks, sing, and play traditional and contemporary songs.

Bill Bradshaw was a Minister of Music at First Baptist of Apopka and, for thirty years, at Trinity Baptist Church of Apopka. He was a member of the Florida Symphony Orchestra and a performer and show coordinator at Walt Disney World. For 20 years, he was a band director at Apopka High School.



The Lovett Family



Bill Bradshaw

SAGES "FUN TIMERS"

Social Activities



For more information on Fun Timers call: [Connie Frye, ph: 407.739.3739](tel:407.739.3739) or email: kani.frye@yahoo.com

NOVEMBER FEATURE: Game Day Returns Thursday, November 29, 1- 4pm



If you enjoy card and board games, come join us for an afternoon of fellowship in a friendly competitive environment. Bring a snack, a card table if you have one, and a game, if you wish. If you have not previously been a game player, don't let that stop you from coming. We have some great teachers and some easy games to get you started. Soft drinks provided!!



TASTY TALKS!

SIGN UP NOW FOR THE EARLY 2019 ROTATION (JANUARY THRU MAY)

Our Fall rotation of Tasty Talk groups is underway, and reports are coming in of great fun and fellowship in homes and restaurants. Sometimes it's a meal followed by good conversation, or a game of dominoes or cards can be added following the meal for those who enjoy friendly competition.

Yes, Tasty Talk groups are a great way to enjoy fellowship and get to know each other in groups of 7 to 8 adults as we share a meal in a casual, relaxed atmosphere. Gatherings are rotated to a different host home or host-chosen location each month. Typically the host supplies the main course and beverages, while others bring appetizer, salad, dessert, etc. Alternatively, the host may decide to meet at restaurants (breakfast, lunch, brunch, or dinner). Once started by a willing host, the group members can independently plan their future once-a-month gatherings.

The next rotation will run January through May. Sign up forms are available through Adult Bible Classes, or at the SAGES spotlight table in the sanctuary foyer.

If you have questions, call: Lisa and Fred Moore, ph: 407.788.3791 or email: 123.lisa.moore@gmail.com

Art Class

Jon Hornquist, FBS member, is donating his time and talents to teach budding artists a simplified method of acrylic painting. The classes are held at FBS on Monday and Tuesday mornings 10:00 a.m. to 12:00 noon. New participants may rotate into class at any time, but those who wish to participate, should contact Jon or come by the SAGES spotlight table in the foyer to get a list of supplies that can be purchased in advance at a local store such as Hobby Lobby or Michael's. The supplies (running around \$30) should cover up to 7 paintings.

Contact Jon at: 407.889.9522 or email: hhornquist@brighthouse.com



SAGES "LEARN AND GROW" Educational Events



For more information on education events call: Terry Rock ph: 407.889.5130 or 407.756.7625 or email: papiukat@gmail.com

November Feature Seminar: "Welcome to Medicare - Understanding Choices"

Educator: Kathy Parrish, R.N.

A Basic Introduction to Medicare

Sunday, November 11, 4:00 p.m.

Sign up by registering on the Connection Card, calling the church office, or visiting the SAGES spotlight table in the foyer.



Medicare Consultation for Open Enrollment (October 15 – December 7)

Kathy Parrish, our Congregational Care Coordinator is also offering one-on-one confidential consultations to help you choose your Medicare plan and Prescription Drug plan (Part D) during Open Enrollment. This is time sensitive, so please contact Kathy directly right away to schedule your consultation.

Ph: [706.410.6775](tel:706.410.6775) or email: parrishkathy@gmail.com

"CARE AND SERVE" Congregational Care for All Ages



Friendly Visits - We have organized congregational care visitation teams to provide socialization and spiritual nourishment to the home-bound and those in declining health. If you are interested in visiting shut-ins at home or in nursing homes, or if you know of someone in our congregation who could benefit from friendly visits at home or a nursing home or an assisted living facility, please contact Matt and CeCe Payne at 602.430.4624 or

email: m_cpayne@yahoo.com

Hands On or Direct Service Care

If you know of someone in our congregation who could benefit from direct service assistance with errands or transportation or even care management or medical assessment/advice, contact Kathy Parrish at [706.410.6775](tel:706.410.6775) or email: parrishkathy@gmail.com

Blood Pressure Screenings

By medical professionals will be held on **November 11** in the Parlor to the left of the sanctuary foyer between 10:00 and 10:30 a.m. The service will be provided on the 2nd Sunday of every month. Blood pressure results will be recorded in your own confidential record and tracked for you, if desired.

